

BICYCLE CHECK

Cyclists attending a course must come with a suitable roadworthy bike, well fitting helmet and should be familiar and comfortable with their equipment. Usually a bike that a cyclist is used to is far better than a brand new bike that they are not confident on. The cycling team or bike shop will be able to advise you.

The following shops have agreed to conduct a Bikeability compatible safety check for a 'one off' £10 fee for those taking part in a cycling course with the Road Safety Unit.

The bike shops recommend that bike, rider and helmet are brought in together for checking.

The Giant Store

173/175 Widmore Road,
Bromley
BR1 3AX
Telephone: 020 8290 0033

Bromley Cycle Repairs

Unit 15b, Grays Farm Production Village
Gray's Farm Road
St Paul's Cray, Orpington
BR5 3BD
Telephone : 0203 490 5053 / 07562031036

Queensway Autos

99 Queensway, Petts Wood
Orpington. BR5 1DQ
Telephone: 01689 821382

Cycles UK

247 High Street, Orpington
BR6 0MY
Telephone: 01689 898923

Deen's Garage

439 Croydon Road, Beckenham
BR3 3PP
Telephone: 020 8650 0630

Cycles SE20

160 Maple Road
Penge SE20 8JB
Telephone: 0208 778 2023

Please call the shop of your choice prior to the check to make arrangements.



Correct bike sizing makes for steady riding.



Comfortable reach on two working brakes is vital.

This bike check will ensure that the bike fits, is in roadworthy condition with brakes that the cyclist can operate. (Please note that should a more complex service or major works be required then the bike shop will need to make addition charges and will provide a quote that must be agreed before the works are carried out.)

Cycling Team – Road Safety Unit London Borough of Bromley
Telephone: 0208 313 4546