

0-25 Service Commissioned Short Breaks and Day Opportunities,

October 2025

Children and Young People – Short Breaks:

Lighthouse - Saturday and Holiday Short Breaks Service

Location: Riverside School, St Paul's Cray, Orpington BR5 3HS

Services: A specialist service able to provide for children and young people with high levels of physical and medical complexity and high levels of behavioural need. It delivers a multi-activity service for 47 days per year comprising 22 Saturdays with 35 places available each day and 25 Holiday days with 50 places available each day making **1,954** places per year in total.

Short Breaks Framework:

Sport Works: Holiday Short Breaks Service

Location: Midfield Primary School, Grovelands Road, Orpington BR5 3EG or St Mary Cray Primary School, 239B High Street, St Mary Cray, Orpington BR5 4AR

Services: Sport Works deliver multi-sports and creative activities at Enhanced Universal to Targeted level. Referrals are taken from the Children's Disability Team (CDT), but self-referrals are also taken. The service delivers 26 days of holiday provision with 12 places available each day making **312** places per year.

Family Link: Saturday and Holiday Short Breaks Service

Location: Marjorie McClure School, 110 Slades Drive, Chislehurst BR7 6FG and Astley Day Centre, 39 Magpie Hall Lane, Bromley, BR2 8ED

Services: Family Link deliver services at a specialist level, with commissioned places only available via referral from the Children's Disability Team (CDT). As well as commissioned services Family Link also runs direct payment/self-funded sessions for its members during holidays. The service also runs sessions on alternate Saturdays which are also direct payment/self-funded. Provision is variable depending on staff availability but in 2024-25, 29 days of holiday Short Breaks were provided with an average of 13.5 places per day making a total of **395** places.

Bromley Children and Families Forum (BCFF): Holiday Short Breaks Service

Location: Langley Park Primary School, Hawksbrook Lane, Beckenham BR3 3FG and St Philomena's Catholic Primary School, Chelsfield Road, Orpington BR5 4DR

Services: This service acts as an umbrella organisation for Lay Witness for Christ International (LWFCI) and Palace4Life. They coordinate the delivery of services at a Targeted and Specialist level and are able to meet a large range of needs and offer a significant number of places each holiday. During 2024-25 34 days of holiday Short Breaks were provided with an average of 22.5 places per day making a total of **770** places.

Overnight Short Breaks

Bromley Healthcare: Hollybank – Specialist Short Break Service

Location: 143 Chislehurst Road, Petts Wood, Orpington BR6 0DS

Services: The Children's Disability Team (CDT) is the main referrer to this specialist service which can support children and young people with complex medical and behavioural needs. The service is currently available for 7 days per week for 50 weeks of the year. During 2024 a total of **1521** nights were delivered for 57 children and young people.

Personal Budgets

Direct Payments including **Pre-Paid Cards** and **Activity Budgets:** The Children's DP rate for a PA currently stands at **£15.34** per hour.

Adults – Day Opportunities

Ambient Support - Widmore Road

Location: 118 Widmore Road, Bromley BR1 3BE

Services: Flexible residential short breaks, from a single night to a week or more. Includes accompanying support for activities and hobbies, educational support, and a secure, stimulating environment.

Complexity of Needs: Caters to individuals with learning disabilities, including those with complex needs and physical disabilities.

Astley Day Centre - Eleanor Healthcare Group

Location: 39 Magpie Hall Lane, Bromley, BR2 8ED

Services: Sensory room, music, sing and sign, arts and crafts, gardening, cooking, and more. Provides a secure and stimulating environment for individuals with complex needs.

Complexity of Needs: Caters to adults with complex needs who require more support than other day services can offer.

Bromley Mencap

Location: Various locations in Bromley

Services: Short breaks and respite care for adults with learning disabilities. Includes activities to enhance independence, social wellbeing, and community access.

Complexity of Needs: Suitable for individuals with learning disabilities and physical disabilities, including those requiring 1-1 support.

Choice Support

Location: Various locations in Bromley

Services: Respite care and short breaks for adults with learning disabilities. Includes support for daily living skills, community engagement, and personal care.

Complexity of Needs: Suitable for individuals with learning disabilities, autism, and physical disabilities.

Overnight Short Breaks

Shared Lives Scheme

Location: Various locations in Bromley

Services: Respite care provided by host families in a supportive, family-like environment. Includes short breaks and emergency respite.

Complexity of Needs: Suitable for individuals with learning disabilities, mental health needs, and general or complex disabilities.

Personal Budgets

Direct Payments: The Adult's DP rate for a PA currently stands at **£19.60** per hour while the agency rate is **£21.95** per hour