DIRECT PAYMENTS



from Bromley Council

Do you want:



more <u>freedo</u>m



increased flexibility



greater choice



control over your care

Then direct payments may be for you!

This guide will help you understand more about direct payments, what they can be used for and the benefit they can make to your life.

www.bromley.gov.uk/directpayments

What is a direct payment?

A direct payment is **an amount of money** that we will pay to you if you are eligible to receive care and support from us.

To work out if you are **eligible**, we will complete an **assessment of your needs**. This will be either:

- a care assessment if you have care and support needs, or
- a carers assessment if you are an informal carer of a parent, disabled child, relative, partner or a friend or neighbour

Following the assessment which will identify your eligible care and support needs, the Council will make a calculation of the costs to meet these needs - this then becomes your **personal budget**.

How do we work out your personal budget?

To assess whether you are **eligible for Council funded support** to meet your identified care needs, we will ask you to **complete a financial assessment**.

The financial assessment will identify if:

- you are eligible for Council funded support and
- if you are eligible, whether need to make a financial contribution towards your personal budget (depending on your financial circumstances)

Your personal budget will set out how much we will pay towards your identified care needs.

You can choose to take this personal budget as a direct payment.

A direct payment means that your personal budget will be given to you to arrange and pay for your care and support instead of the council arranging the service for you

Who can receive a direct payment?

You can choose to take a direct payment if you are:





- a physical disability
- a learning disability
- a sensory disability
- a long term medical condition
- mental health support needs



A **carer** who has had a carers assessment



A **parent or carer** of a disabled child

What happens next?

Once your direct payment is agreed we will talk to you about what you want to **achieve** and the different ways that your personal budget, including your direct payment, can be used to **support your needs**.

This will be signed off in your **support plan**.

Your support needs and financial contribution will be **reviewed** each year or when a change happens to your situation.

How are direct payments paid?

Payments are paid directly into an account every 4 weeks.

This account must be used just for the direct payment. We will audit this account. You must be willing and able to manage:

- The care arrangements you choose
- The direct payment bank account
- · Monitoring the payments you made

If this feels challenging or a worry for you, you can have a **Nominated Person**. This is someone you nominate to manage your care and direct payment account for you. *Speak to us for more details*.

What can I use direct payments for?

In your support plan we will agree how you want to spend your direct payments.

This could be to: **Improve your** way of life **Get out** and about Live at home Have a say on how **Receive care** you live your life as in the way independently you choose as possible

If you spend your direct payments on care in your home you may:



Be an employer, so you can decide who you employ and when

This cannot be someone who lives with you



Arrange to purchase support from a private care agency



Use our services to assist you with the employment, payments and to help monitor your direct payments



Get financial help towards specialist equipment not supplied by the council



For information about Personal Budgets for Education, please talk to your Education, Health and Care Plan (EHCP) coordinator



Be inspired...

Read about how some of our residents are using their direct payment across Bromley.



I employ my own Personal
Assistant so they can take me to
watch my favourite football team



I use my direct payment to employ my neighbour so they can help me with preparing my meals and managing my medication I use my direct payment to attend an Adult Education class with somebody to help. I love learning something new and talking to people





I chose and employed my own personal assistant to provide my personal care. This has helped me to stay independent at home

What to do next?

Speak to us for more advice and guidance to help you make the right choice:

- visit www.bromley.gov.uk/directpayments
- call 020 8461 7777
- e-mail Adult.Early.Intervention@bromley.gov.uk

Do you have Lasting Power of Attorney?

If not, it is a good idea to think about your Lasting Power of Attorney (LPA), sooner rather than later. Having an LPA does not mean you lose control.

Want know more? Visit www.gov.uk/lpa or call 0300 456 0300.

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